A) Experience - no specific time reference = PRESENT PERFECT										
In relation to		what's the most	difficult important	thing you've done	today?					
Concerning	your work,				in the last	week? month?				
As far as your work is concerned,			interesting		in the last	six months? year?				
B) Question ABOUT the experience relating to a specific time in the past = SIMPLE PAST										
Did you choose to do this, or did someone else ask or tell you to do it?										
When and where Why		did you	do it?							
Who			do it with?							
How long		did it	take you? (to do it)							
How	difficult? important? interesting?	was it?								
Why		was it	so	difficult? important? interesting?						
What were the results		of doing it?								

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